



**WELCOME TO THIS EDITION OF *BECAUSE OF YOU*.** This month, we want to share great news about some new equipment – 71 pieces in fact – that is making a big impact at Winchester District Memorial Hospital. It's all thanks to our amazing donors!

**Instant information – instantly recorded!** That's the idea behind the new Vital Signs Monitors. Because of you, every patient room at Winchester District Memorial Hospital (WDMH) will have a new vital piece of equipment.

The vital sign monitors will result in safer care and more time for patient care. When a nurse takes a patient's blood pressure or other vitals such as heart rate or temperature, the information will flow directly into the patient's electronic health record from the machine. A huge thank you to everyone who supported this important initiative. The total cost of 70 monitors: \$482,632.75!

**It's a 'shocking' new piece of equipment!** A new defibrillator life pack will continue to help save lives on the Medical Surgical Unit at WDMH – thanks to you. The new pack replaces an aging device that will now be used for staff training sessions.

A defibrillator is a device that sends an electric pulse or shock to the heart to restore a normal heartbeat. It is used to prevent or correct an arrhythmia, which is an uneven heartbeat that is too slow or too fast. If the heart suddenly stops, a defibrillator can also help it beat again.

This piece of equipment supports both patient care and education – so it's a win-win. The new defibrillator life pack costs \$14,660.29.



## Our Donors Write ...

*"I am giving this donation as a token of gratitude for the excellent, supportive, and loving care I received from the hospital's health care workers during my lengthy stay from October to December last year."*

*"WDMH is a great facility with amazing people! We admire the work of everyone there."*

*"I give because I am always treated with compassion and care at WDMH. It's the best. Many thanks!"*

**Thank you for caring!**



**Thank you to everyone who supported the 25th Anniversary Judy Lannin Christmas Wish Tree!**



**Join in the fun!** The Kin Club of Russell's Catch the Ace lottery is still going and the Ace of Spades is still hiding. Get your tickets for each Sunday's draw at [www.kinclubofrussell.ca](http://www.kinclubofrussell.ca). And don't forget to choose the WDMH Foundation as your charity of choice. Thanks for your support!

And thank you to the Kin Club for including the WDMH Foundation as one of the beneficiaries.



## Empower Your Will



Studies show that Canadians are interested in including charities in their Will planning, but don't know how. Will Power™ is changing that! Will Power™ is a national public awareness campaign to spread the word about the benefits of charitable giving in Wills – and explaining just how easy it is!

The WDMH Foundation is excited to team up with Will Power™. "Gifts in Wills - and other types of legacy gifts such as including the WDMH Foundation as the beneficiary of a life insurance policy or investment - are so special. Not only is it a way for donors to complete their vision of giving, it's also a way for donors to give more than they thought might be possible," shares Kristen Casselman, Managing Director of the WDMH Foundation.

"Will Power™ is all about 'spreading the love.' And this really reflects the WDMH Foundation's values. We want to let our donors know that they can, of course, include their loved ones in their Will, and they can include the WDMH Foundation too. You don't have to choose! A gift to the WDMH Foundation in a Will not only reflects a lifetime of caring, but also gives a charitable income tax receipt that can greatly benefit one's final estate taxes – thanks to Canada's incredible charitable giving benefits," adds Erin Kapcala, Manager of Major and Planned Giving.

Including the WDMH Foundation in your Will is as easy as adding a codicil (addition) to your current Will or creating a new Will. The WDMH Foundation is happy to help and provide sample wording.



To learn more, visit the Will Power™ website at [www.willpower.ca](http://www.willpower.ca). You can learn about gifts in Wills and get tips on estate planning or calculate your potential gift with the legacy calculator.

You can also visit the WDMH Foundation's Planned Giving section on our website at [www.wdmhfoundation.ca/aboutplannedgiving](http://www.wdmhfoundation.ca/aboutplannedgiving) or contact Erin at 613-292-7468 or [ekapcala@wdmh.on.ca](mailto:ekapcala@wdmh.on.ca).

*This information, obtained from various sources, is believed to be reliable, but its accuracy cannot be guaranteed. This information is not intended as legal, financial or tax planning advice. When considering any planned gift, you should always consult your professional advisors to determine the applicability for your specific circumstances.*

## Welcome to the Board



**The WDMH Foundation Board of Directors** is pleased to welcome Trisha Elliott to the Board.

Trisha likes to raise money for good causes. She says her interest in WDMH was heightened by the wonderful care that her brother received: "We knew there was something wrong and I was so grateful that Winchester took it seriously and got us the help he needed. When things settled down, I contacted

the Foundation office to ask how I could help." Trisha is an ordained United Church minister and fundraiser. She has worked with The Ottawa Mission and the United Church of Canada, raising funds to support the community. Her whole family hails from the Seaway area. Trisha now divides her time between Ottawa and the Seaway.

Welcome Trisha and thank you to all the committed community volunteers who sit on our Board!

Louise Street

Clarence Street

# Neighbourhood News



*The WDMH Foundation is proud to be part of a caring community of health partners. Together with Winchester District Memorial Hospital, Dundas Manor Long-Term Care Home, and the Community Care Building, we are providing health care close to home for our local communities – from babies to seniors. And our local communities support us every step of the way. Here are some updates from our neighbours!*

## Planning for the New Dundas Manor Continues

**CONSTRUCTION ON THE NEW DUNDAS MANOR IS EXPECTED TO BEGIN NEXT YEAR.** It will take about two years to complete the new building. We want to thank everyone who is helping to make this dream a reality.

“We’ve been out and about talking about Dundas Manor and the need to build a new home for our residents and community,” explains CEO Cholly Boland. “We’ve also been working closely with the government, asking for more funding support due to the rising construction costs.”

The Ministry of Health and Long-Term Care will fund some of the cost of the new home, but not all of it. That’s where our community comes in. Two years ago, Dundas Manor partnered with the WDMH Foundation to lead the community fundraising portion of this essential project.

“The Foundation staff and a small but mighty group of volunteers have been working hard behind the scenes,” notes Kristen Casselman, Managing Director of the WDMH Foundation. “So far, we’ve been meeting with those who we feel are interested in Long-Term Care and may be interested in making a significant financial investment. The response has been very positive. This important fundraising work will continue until the needed funds are raised.”

Our community cares about Dundas Manor and we are grateful for your support. For almost 45 years,



## It’s Going to be Epic

**WDMH HAS INTRODUCED A NEW HEALTH INFORMATION SYSTEM CALLED EPIC.** Simply put, patients will get better access to their own health information and more seamless care from their providers. Epic replaces the current hospital information systems made up of multiple electronic and paper-based systems containing different parts of a patient’s health record. Epic gives the patient’s care team the information they need at their fingertips. A wonderful feature we are getting (only because of our donors!) is “single sign on” technology. This allows care providers to securely sign into all the systems they need with one username and password.

You, our donors, have played an important part in this new technology through your giving. Thank you to those of you who have given to our General Equipment Fund to support purchases such as this.

Thank you for your patience and understanding as our clinical team learns to use the new system!

Dundas Manor has been keeping families together – even though they are living apart. It is truly a gift to our community. Care close to home really does make a difference in our well-being, healing, and overall happiness. Together, we will build the new Dundas Manor.



...that the Ontario government does not fund medical equipment purchases for hospitals?



# MAKING A DIFFERENCE

*Big or small, every community event makes an impact and we are so grateful.*

*Contact Justine Plummer at 613-774-2422 ext. 6172 or [jplummer@wdmh.on.ca](mailto:jplummer@wdmh.on.ca) to learn more.*



## Smiles All Around

**Sweet news!** Thank you to everyone who picked up a smile cookie in September as part of the Tim Hortons Smile Cookie Campaign. And thanks to Robert and Denise St. Denis – owners of the four Tim’s locations in Winchester, Long Sault, and Morrisburg – who chose the WDMH Foundation as their charity of choice.

Last year, Tim’s customers and WDMH supporters raised \$10,882.20 for the Digital Mammography Fund. That’s a lot of cookies! This year, the funds will be directed to the WDMH Foundation’s General Equipment Fund. We’ll let you know as soon as the final tally is in.

## Sunflowers Everywhere

**The weather is cooler now,** but the sun was shining at Smirlholm Farms in Morewood during their summer community event in support of the WDMH Foundation. Hundreds of guests enjoyed fields of sunflowers, beekeeping activities, and more. All proceeds from opening day were donated to the WDMH Foundation’s Cancer Care Fund – and \$2,000 was raised!



## Get Fresh!

Everyone wants to eat healthy food that is easy to prepare. The WDMH Foundation has partnered with HelloFresh and we are excited to offer this new program to our local communities. It’s easy, fun, and fresh.

The Foundation will receive a donation for each person who signs up for Hello Fresh meal delivery using a special promo code — **HELLOWDMHF**. The promo code unlocks an offer for new customers to get seven free meals across their first three boxes. The Foundation receives a \$10 donation for every new sign-up and for every box ordered. Funds will be directed to the Family Care Fund, supporting families just like yours. Check it out at [www.hellofresh.ca](http://www.hellofresh.ca)!

## Keep In Touch



Fundraising for Excellence.  
Dundas Manor Long-Term Care Home  
Winchester District Memorial Hospital

**We’d love to keep in touch!** You can help today by volunteering, hosting a fundraising event, or making a donation. Whatever you would like to do, we’d love to chat. Thank you!

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*Visit our website to sign up for an online version of this newsletter!*

**Thank you to all our donors for your support!**